

Where Beautiful Stories Unfold - Resort Activities July, 2021

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
06.00am-08.00am	*Sunrise Breakfast in the Lagoon or Lighthouse Patio (min.1pax& max.10px)	*Sunrise Fishing Marine Centre (min.4pax)	*Sunrise Breakfast in the Lagoon or Lighthouse Patio (min.1pax& max.10px)	*Sunrise Breakfast in the Lagoon or Lighthouse Patio (min.1pax& max.10px)	*Sunrise Fishing Marine Centre (min.4pax)	*Sunrise Breakfast in the Lagoon or Lighthouse Patio (min.1pax& max.10px)	*Sunrise Breakfast in the Lagoon or Lighthouse Patio (min.1pax& max.10px)
07.00am-08.00am		*Complimentary Hatha Yoga at Yoga Pavilion (max.6pax)		*Complimentary Ashtanga Yoga at Yoga Pavilion (max.6pax)	*Floating Breakfast in Pool Villa (min.1pax & max.6pax)	*Complimentary Aqua Yoga (45min) at Retreat Pool (max.6pax)	Complimentary Hatha Yoga at Yoga Pavilion (max.6pax)
09.30am-10.30am	*Discover Snorkeling Marine Center		*Manta Exploration Marine Centre 9.30am-12.00pm (min.4pax)	*Discover Snorkeling Marine Center	*Visit AVI Spa To rejuvenate Mind, Body & Spirit	*Discover Snorkeling Marine Center	*Manta Exploration Marine Centre 9.30am-12.00pm (min.4pax)
10.00am-11.00am	*Aerial Yoga at Yoga Pavilion (max.4pax)	*Group Snorkeling Marine Centre (min.4pax)	*Visit AVI Spa To rejuvenate Mind, Body & Spirit	*Aerial Yoga at Yoga Pavilion (max.4pax)	*Group Snorkeling Marine Centre (min.4pax)	*Aerial Yoga at Yoga Pavilion (max.4pax)	*Burn Some Calories at The Fitness Center
12.00pm-13.00pm	*Cooking Classes at Collective (min.1pax & max.4pax)	*Visit AVI Spa To rejuvenate Mind, Body & Spirit		*Cooking Classes at Collective (min.1pax & max.4pax)	*Cooking Classes at Collective (min.1pax & max.4pax)	*Cooking Classes at Collective (min.1pax & max.4pax)	
13.00pm-14.00pm	*Burn Some Calories at The Fitness Center		*Gin Tasting with Maamunagau Infused Tonic at Pool Bar (min.1pax & max.10pax)	*Visit AVI Spa To rejuvenate Mind, Body & Spirit		*Visit AVI Spa To rejuvenate Mind, Body & Spirit	*Gin Tasting with Maamunagau Infused Tonic at Pool Bar (min.1pax & max.10pax)
14.30pm-16.30pm	*Adventure Snorkeling Marine Centre (min.4pax)		*Adventure Snorkeling Marine Centre (min.4pax)		*Burn Some Calories at The Fitness Center	*Adventure Snorkeling Marine Centre (min.4pax)	*Visit AVI Spa To rejuvenate Mind, Body & Spirit
14.30pm-17.00pm	*Visit AVI Spa To rejuvenate Mind, Body & Spirit	*Discover Scuba Diving Marine Center (max.4pax)		*Discover Scuba Diving Marine Center (max.4pax)	*Discover Scuba Diving Marine Center (max.4pax)	*Capture Magic Movements With our Professional Photographer	*Discover Scuba Diving Marine Center (max.4pax)
15.00pm-16.00pm	*Specialty Tea Making Class at The Collective	*Capture Magic Movements With our Professional Photographer	*Discover Snorkeling Marine Centre	*Capture Magic Movements With our Professional Photographer	*Discover Snorkeling Marine Centre	*Craft Cocktail class at Retreat (min.1pax & max.10pax)	*Discover Snorkeling Marine Centre
17.00pm-18.00pm	*Full Body HIIT Workout (30min) at Yoga Pavilion (max.2pax)	*Complimentary Ashtanga Yoga at Yoga Pavilion (max.6pax)	*Capture Magic Movements With our Professional Photographer	*Complimentary Hatha Yoga at Yoga Pavilion (max.6pax)	*Full Body HIIT Workout (30min) at Yoga Pavilion (max.2pax)	*Complimentary Hatha Yoga at Yoga Pavilion (max.6pax)	*Complimentary Ashtanga Yoga at Yoga Pavilion (max.6pax)
17.30pm-19.30pm	*Dolphin Cruise Marine Centre (min.4pax)	*Mantas of Maamunagau Presentation at Retreat start from (17.30pm-18pm)		*Dolphin Cruise Marine Centre (min.4pax)	*Mantas of Maamunagau Presentation at Retreat start from (17.30pm-18pm)	*Dolphin Cruise Marine Centre (min.4pax)	
18.00pm-20.00pm		*Sunset Fishing Marine Centre (min.4pax)			*Sunset Fishing Marine Centre (min.4pax)		*Sunset Fishing Marine Centre (min.4pax)
18.30pm-19.30pm	*Private Beach Dinner Start from 18.30pm (min.2pax & max.10pxax)	*Private Beach Dinner Start from 18.30pm (min.2pax & max.10pxax)	*Sunset Cruise Marine Centre (min.4pax)	*Private Beach Dinner Start from 18.30pm (min.2pax & max.10pxax)	*Private Beach Dinner Start from 18.30pm (min.2pax & max.10pxax)	*Private Beach Dinner Start from 18.30pm (min.2pax & max.10pxax)	*Private Beach Dinner Start from 18.30pm (min.2pax & max.10pxax)

*Advance reservations are Required. For reservations and further information, kindly communicate with your friendly Island Curator.

Private Manta Excursion (max.6pax), Private Yoga , Private Aerial Yoga, Personal Training are available on request.

*Activities Marked in Blue are available on request subject to available and charges may Apply. For reservations and further information, kindly communicate with your friendly Island Curator.

*Full Moon YOGA July 24,2021 at Yoga Pavilion 20.00pm (max.6pax) advance reservation are required.