

AFTERNOON TEA at THE RETREAT

Our traditional High Tea, daily between 3.00pm and 5.00pm

With an array of fresh bakes, tarts, macaron and chocolate bonbons
scone with homemade confiture and whipped cream savouries and sandwiches

Accompanied with your choice of freshly brewed tea and coffee

TEA

We will gladly recommend a hot or cold brew from our vast selection.

Black

English Breakfast Tea / 8

Blend of Sri Lankan broken-leaf teas.

Darjeeling / 8

Refined Darjeeling tea, light golden infusion. Sweet, floral and fruity aromas.

Morning Sunshine / 8

Harmonious mix of Assam, Darjeeling and Rwandan estate black teas. Robust malty notes of muscatels and fruitiness.

Organic Chai / 8

Complex, spicy and incredibly tasty. Traditionally brewed with milk and honey. 100% certified organic.

Sticky Honey Chai / 8

Rich black tea, with added toasted spices, sticky-sweet honey, rich notes of cinnamon and vanilla.

Crème Brulée / 8

A decadent sweet treat. Velvety vanilla, rich caramel and smooth hazelnuts.

Green

Gyokuro / 8

Most highly prized Japanese green tea. Emerald green leaves yields a refined brew with a sweet lingering flavor.

Chinese Sencha / 8

These beautiful emerald green leaves produce a delicate aroma and a sweet, smooth, grassy flavor.

Japanese Sencha / 8

This Japanese Sencha is grassy green and vibrant.

China Jasmine / 8

A blend of green tea and jasmine flower produces a light yellow infusion with a delicate jasmine scent.

Gorgeous Geisha / 8

Smooth, sweet and creamy. Sencha green tea combined with the luscious flavors of strawberries and cream is delicious hot or iced as a summer treat.

Green Rose / 8

Vibrant green tea blended with rose petals and tropical fruits. Great as an afternoon tea, and also iced.

White

Silver Needle / 8

The highest grade of white tea, made from exquisite white-tipped buds picked in the Wuyi Mountains. A sweet, subtle flavour with floral notes, ending with a hint of cocoa.

White Jasmine / 8

Silver needles and strong sweet jasmine, hints of light sugarcane and an earthy notes.

Tisane, Herbal & Infusion

Lemongrass & Ginger / 8

Hint of zest and spicy, bright lemongrass

Chamomile / 8

A fragrant infusion of golden chamomile. This chamomile tea is a great start or finish to your day.

Peppermint / 8

Lush peppermint leaves create a bright infusion, hot or cold.

Watermelon Sorbet / 8

Blend of lush watermelon and fresh mint.

Tummy Tea / 8

Wonderful minty after-dinner treat, sumptuously smooth and sweet aftertaste.

Southern Sunshine / 8

White hibiscus, lemongrass and grapefruit.

Sleep Tight / 8

A lemon balm-based tisane blended with flowers

Very Berry / 8

Rich infusion with a deep red color and an intense berry aroma.

Pumping Pomegranate / 8

Essence of the Grand Bazaar, Istanbul. Sweet and tangy.

COFFEE

Served hot

Cappuccino / 8

Café Americano / 8

Café Latte Espresso / 8

Double Espresso / 8

Latte Macchiato / 8

Ristretto / 8

Espresso Machiato / 8

Mocha / 8

Irish Coffee / 14

'Mars' hot chocolate / 8

Served cold

Affogato / 8

Frappé / 8

Café Latte Espresso / 8

Single Estate sourced

Galana Abaya Tore, Ethiopia / 14

Tasting notes- hibiscus, forest-fruits, tea-like

Anserma Caldas, Colombia / 14

Tasting notes- watermelon, orange, strawberry

Finca La Providencia, Guatemala / 14

Tasting notes- green apple, raisins, dark chocolate